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Research Article

Third-stage larvae of *Anisakis simplex* (Rudolphi, 1809) in the  
Great Cormorant [*Phalacrocorax carbo sinensins*  
(Blumenbach, 1798)] from the Vistula Lagoon, Poland

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**Abstract**

Five out of 28 Great Cormorants collected in spring 2005 from the Vistula Lagoon were found to contain a total of 19 (16 in the stomach and 3 in the intestine) stage III larvae of *Anisakis simplex*. Spring is the season when nematode-infected herring from the western Baltic, Danish straits, and the North Sea arrive in the Vistula Lagoon and transmit the infection to cormorants feeding on them. This study is the first record of *A. simplex* larvae in the Great Cormorant.

## INTRODUCTION

*Anisakis simplex* is a cosmopolitan nematode species that occurs mainly in the colder temperate and polar waters. The definitive hosts are marine mammals (whales and pinnipeds). The first intermediate hosts are the Euphasiacea (Crustacea) which become infected with free-living stage II larvae. Planktivorous fish (mainly herring) serve as the second intermediate hosts, occasionally regarded as paratenic hosts, that support stage III larvae (Smith and Wootten 1978, Nagasawa 1990, Moravec 1994).

The Vistula Lagoon is one of the largest coastal water bodies throughout the Baltic Sea area (Łomniewski 1958). Herring from the western Baltic, Danish straits, and the North Sea arrive, mainly in spring and less frequently in autumn, to the southern Baltic (including the Vistula Lagoon) to spawn. Some of the herring are infected with the nematode *Anisakis simplex* (occasionally reported merely as *Anisakis* sp.) (Rokicki *et al.* 1997, Myjak *et al.* 1996, Rodjuk and Shukhgalter 1998, Rolbiecki and Rokicki 2002, Shukhgalter 2002). It is at that time that *A. simplex* can infect, or be transmitted to, other, frequently accidental, hosts. Their range includes terrestrial mammals, including humans which, when infected, develop a condition termed anisakiasis (Ishikura *et al.* 1992). Among the hosts are also fish and predatory/piscivorous birds. When in those hosts, the larvae usually stay at a stage identical to that supported by herring; such hosts are termed paratenic. The nematode has already been recorded in the Vistula Lagoon in the zander (Rolbiecki and Rokicki 2000, Rolbiecki 2003) and flounder (Rolbiecki and Izdebska 2005). In addition, in the nearby Gulf of Gdańsk, *A. simplex* was reported in cod (Myjak *et al.* 1994) and stickleback (Podolska and Morozińska 1994). Most probably, both the stickleback and the flounder became *A. simplex*-infected when feeding on infected viscera of herring or cod discarded by fishermen.

This study is a continuation of research commenced in 2000 on the helminth fauna of the Great Cormorant in the southern Baltic (Kanarek *et al.* 2002, 2003, Kanarek and Rokicki 2005).

The Great Cormorant, identified in this study as an *Anisakis simplex* host, extends the list of known hosts of the nematode.

## MATERIAL AND METHODS

In March 2004, 28 Great Cormorants (*P. carbo sinensis*) (26 adults and 2 immature specimens) from the Vistula Lagoon were examined. The birds had been shot during the pre-breeding season by permission issued by the Minister of the Environment (DOPweg-4201-03-17/04/al.) and pursuant to decision No. 27/03 of the Local Ethical Commission on Experiments Involving Animals at

the Medical University in Gdańsk. After delivery to the laboratory, the birds were subjected to standard parasitological examination and dissection.

The nematodes collected were fixed in a 19:1 mixture of glacial acetic acid and formalin. The parasites were cleared in lactophenol to facilitate identification, measurements, and photographing.

## RESULTS

Five cormorants (2 adult females and 3 adult males) were found to host a total of 19 stage III *Anisakis simplex* larvae. The prevalence was 17.8% at a mean intensity of 3.8 specimens and intensity range of 1-8 specimens. The larvae were live, non-encysted, found in the stomachs of 4 birds (16 larvae) and in the intestine of one cormorant (3 larvae).

### *Description*

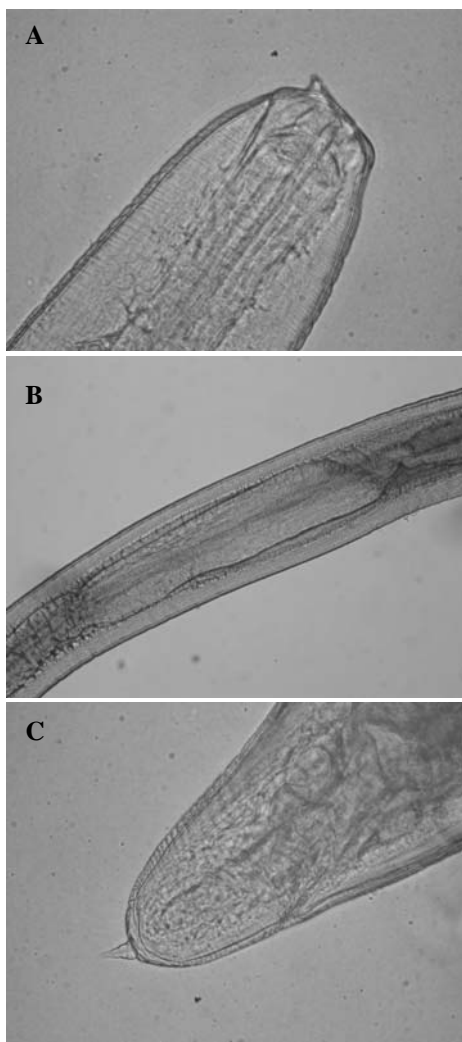
Stage III larva of *Anisakis simplex* (n=19, Fig. 1): body length 14.370-22.493 (18.889) mm; maximum width 0.175-0.468 (0.357) mm. Length of larval (boring) tooth 0.008-0.017 (0.015) mm. Excretory pore situated 0.027-0.049 (0.033) mm away from the anterior extremity. Oesophagus length 1.404-2.174 (1.802) mm, distance of nerve ring from anterior extremity 0.168-0.304 (0.251). Ventriculus length 0.634-1.057 (0.862) mm; ventriculus width 0.136-0.257 (0.191) mm. Ventriculus obliquely connected with the intestine. Tail length 0.091-0.589 (0.328) mm; mucron length 0.016-0.027 (0.019) mm.

The nematodes collected corresponded to *A. simplex* larval morphology type I of Berland (1961) and Shiraki (1974).

## DISCUSSION

The cormorant is the most abundant piscivorous bird in the Vistula Lagoon. Its population, constantly increasing in size since the mid-1980s, has become a serious factor limiting fish stocks in the Lagoon. As demonstrated by Stempniewicz (2003), the cormorant's annual fish consumption in the area is estimated at more than 750 tonnes (an average across the years 1995-1997).

The Vistula Lagoon cormorant diet includes 25 fish species representing the Ammodytidae, Anguillae, Bothidae, Clupeidae, Cyprinidae, Esocidae, Gadidae, Gasterosteidae, Gobiidae, Osmeridae, Percidae, Pleuronectidae, Salmonidae, and Zoarcidae as well as petromyzonid cyclostomates. The dominant food item (1995-1997 data) is the ruffe, *Gymnocephalus cernuus* of the Percidae (58-75.5% of the diet). The remaining species account for less than several per cent of the diet. Depending on the year, herring contributed 7.7% (in 1995), 1.2-2.2% (1996) or 0.4-1.2% (1997) to the cormorant diet (Martyniak *et al.* 2003,



**Fig. 1.** Stage III larvae of *Anisakis simplex* from *Phalacrocorax carbo sinensis*. A, anterior extremity with larval tooth and excretory pore (x 400); B, ventriculus region (x 100); C, tail with mucron (x 400).

Stempniewicz *et al.* 2003). However, in spring, the herring - in addition to the ruffe - is the major food item (Stempniewicz and Grochowski 1997). When feeding at that time on herring, the cormorant may become infected with *Anisakis simplex*. It is worth mentioning that the present finding of live larvae as well as the fact that the stomachs of three birds were empty and two contained some food remains only (bones, otoliths, and ruffe) allows us to conclude that the cormorants digest herring, whereas *A. simplex* evidently survives.

The nematodes in question (occasionally identified to genus only) had been earlier recorded in other pisci- and omnivorous birds, *e.g.*, the fulmar (*Fulmarus glacialis*) in Great Britain and Iceland (Riley 1972, Ólasdóttir *et al.* 1996), common gull (*Larus canus*) in Norway (Bakke and Baruš 1975), puffin (*Fratercula arctica*) (Ólasdóttir *et al.* 1996), and guillemot (*Uria lomvia*) in Iceland and the Barents Sea (Ólasdóttir *et al.* 1996, Kuklin 2001). Those birds usually yielded stage III larvae (Riley 1972, Bakke and Baruš 1975, Ólasdóttir *et al.* 1996) but also stage IV ones (Riley 1972, Ólasdóttir *et al.* 1996), adult specimens being reported in one study (Riley 1972).

In their definitive hosts, marine mammals, the *Anisakis simplex* stage III larvae moult into stage IV, and subsequently into adults capable of reproduction. As observed in numerous instances, *A. simplex* - when in birds - most often remain at a developmental

stage identical to that found in fish, stage IV larvae being found occasionally only; this is the case in humans as well.

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